

Regional Enrollment and Education Meetings Customized to Meet Employee/Retiree Needs

The content of the Regional Enrollment and Education Meetings is updated each year to meet the changing needs of employees who contribute to the Commonwealth's 457 Plan and those who are considering enrolling. For 2008 three presentations are offered:

- ◇ The *Introduction to the 457 Deferred Compensation Plan* was designed for employees who were automatically enrolled in the plan, as well as plan participants who want more general information and non-participants not subject to automatic enrollment.

- ◇ *Account Management Strategies and Tools* was developed for those who are currently plan participants to help them better understand the importance of diversification and how to achieve that within the plan. Attendees see a demonstration of the online tools available to help them manage their account. A detailed discussion of how to read a participant quarterly statement is included.

- ◇ Plan participants who are currently retired or who want to work on their retirement planning should attend *Retirement Planning and Distribution Options*. This presentation combined with the Account Management Strategies and Tools presentation provides a comprehensive overview for retirees with account balances and those nearing retirement.

Choose the presentation or combination of presentations that best meet your needs and attend a REEM. Pre registration is not required.

Date	Introduction to the 457 Deferred Compensation Plan	Account Management Strategies and Tools	Retirement Planning and Distribution Options	Location/Presenter
3/4/08	9:00 AM	10:30 AM	12:00 PM	Virginia Department of Transportation Northern Virginia District 14685 Avion Parkway Chantilly, VA 20151 Fairfax Room Catherine Pfeilsticker 1-866-226-6682, Option 2 Ext 107

Date	Introduction to the 457 Deferred Compensation Plan	Account Management Strategies and Tools	Retirement Planning and Distribution Options	Location/Presenter
3/11/08	9:00 AM	10:30 AM	12:00 PM	<p>Virginia Department of Transportation Bristol District 870 Bonham Road Bristol, VA 24203 Auditorium</p> <p>Nancy Roth 1-866-226-6682, Option 2 Ext 115</p>
3/22/08 (Saturday)	9:00 AM	10:30 AM	12:00 PM	<p>John Tyler Community College 13101 Jefferson Davis Highway Chester, VA 23831 Bird Hall Room B-116</p> <p>Tom Ferguson 1-866-226-6682, Option 2 Ext 102</p>
3/27/08	9:00 AM	10:30 AM	12:00 PM	<p>Department of Environmental Quality Tidewater Regional Office 5636 Southern Boulevard Virginia Beach, VA 23462 Large Training Room</p> <p>MacKenzie Hayden 1-866-226-6682, Option 2 Ext 110</p>
4/5/08 (Saturday)	9:00 AM	10:30 AM	12:00 PM	<p>Blue Ridge Community College 1 College Lane Weyers Cave, VA 24486 Boardroom P124</p> <p>Catherine Pfeilsticker 1-866-226-6682, Option 2 Ext 107</p>
4/9/08	9:00 AM	10:30 AM	12:00 PM	<p>Department of Environmental Quality 3019 Peters Creek Road Roanoke, VA 24019</p> <p>Nancy Roth 1-866-226-6682, Option 2 Ext 115</p>

Date	Introduction to the 457 Deferred Compensation Plan	Account Management Strategies and Tools	Retirement Planning and Distribution Options	Location/Presenter
4/23/08	9:00 AM	10:30 AM	12:00 PM	<p>Woodrow Wilson Rehabilitation Center 394 Hornet Road Fishersville, VA 22939 Mary Switzer Building Large Classroom</p> <p>Catherine Pfeilsticker 1-866-226-6682, Option 2 Ext 107</p>
4/24/08	9:00 AM	10:30 AM	12:00 PM	<p>J Sargeant Reynolds Community College North Run Office Park 1630 East Parham Road Richmond, VA 23228 North Run Corporate Center O-125</p> <p>Tom Ferguson 1-866-226-6682, Option 2 Ext 102</p>
4/26/08 (Saturday)	9:00 AM	10:30 AM	12:00 PM	<p>Tidewater Community College Virginia Beach Campus 1700 College Crescent Virginia Beach, VA 23453 Lynnhaven Building Room E-139</p> <p>MacKenzie Hayden 1-866-226-6682, Option 2 Ext 110</p>
4/29/08	9:00 AM	10:30 AM	12:00 PM	<p>Danville Community College 121 Slayton Avenue Danville, VA 24541 Regional Center for Advanced Technology and Training</p> <p>Nancy Roth 1-866-226-6682, Option 2 Ext 115</p>
4/30/08	9:00 AM	10:30 AM	12:00 PM	<p>Christopher Newport University 301 Hiden Boulevard Newport News, VA 23606 SunTrust Building Human Resources Training Room</p> <p>MacKenzie Hayden 1-866-226-6682, Option 2 Ext 110</p>

Date	Introduction to the 457 Deferred Compensation Plan	Account Management Strategies and Tools	Retirement Planning and Distribution Options	Location/Presenter
5/1/08	9:00 AM	10:30 AM	12:00 PM	<p>Northern Virginia Graduate Center 7054 Haycock Road Falls Church, VA 22043 Room 214</p> <p>Catherine Pfeilsticker 1-866-226-6682, Option 2 Ext 107</p>
5/21/08	9:00 AM	10:30 AM	12:00 PM	<p>Department of Health Professions 9960 Mayland Drive Richmond, VA 23233 Perimeter Center Boardroom 4</p> <p>Tom Ferguson 1-866-226-6682, Option 2 Ext 102</p>
5/28/08	9:00 AM	10:30 AM	12:00 PM	<p>Rappahannock Community College 52 Campus Drive Warsaw, VA 22572 Lecture Hall</p> <p>MacKenzie Hayden 1-866-226-6682, Option 2 Ext 110</p>
5/28/08 (Video Conference)	9:00 AM	10:30 AM	12:00 PM	<p>Rappahannock Community College 12745 College Drive Glenns, VA 23149 Lecture Hall</p> <p>MacKenzie Hayden 1-866-226-6682, Option 2 Ext 110</p>
6/11/08	9:00 AM	10:30 AM	12:00 PM	<p>James Madison University Carrier Drive Harrisonburg, VA 22807 ISAT Building Room 259</p> <p>Catherine Pfeilsticker 1-866-226-6682, Option 2 Ext 107</p>

Date	Introduction to the 457 Deferred Compensation Plan	Account Management Strategies and Tools	Retirement Planning and Distribution Options	Location/Presenter
6/12/08	9:00 AM	10:30 AM	12:00 PM	<p>Department of Environmental Quality 355 Deadmore Street Abingdon, VA 24212 Auditorium</p> <p>Nancy Roth 1-866-226-6682, Option 2 Ext 115</p>
6/19/08	9:00 AM	10:30 AM	12:00 PM	<p>Germanna Community College 10000 Germanna Point Drive Fredericksburg, VA 22404 Center for Workforce and Community Development Auditorium</p> <p>Tom Ferguson 1-866-226-6682, Option 2 Ext 102</p>
6/24/08	9:00 AM	10:30 AM	12:00 PM	<p>Virginia Department of Transportation Culpeper District 1601 Orange Road Culpeper, VA 22701 Auditorium</p> <p>Catherine Pfeilsticker 1-866-226-6682, Option 2 Ext 107</p>
6/24/08	9:00 AM	10:30 AM	12:00 PM	<p>Virginia Department of Transportation Suffolk District 1700 North Main Street Suffolk, VA 23434 Auditorium</p> <p>MacKenzie Hayden 1-866-226-6682, Option 2 Ext 110</p>
7/9/08	9:00 AM	10:30 AM	12:00 PM	<p>Virginia Department of Transportation Salem District 731 Harrison Avenue Salem, VA 24153 Auditorium</p> <p>Nancy Roth 1-866-226-6682, Option 2 Ext 115</p>

Date	Introduction to the 457 Deferred Compensation Plan	Account Management Strategies and Tools	Retirement Planning and Distribution Options	Location/Presenter
7/22/08	9:00 AM	10:30 AM	12:00 PM	<p>Library of Virginia 800 East Broad Street Richmond, VA 23219 1st Floor Conference Room A</p> <p>Tom Ferguson 1-866-226-6682, Option 2 Ext 102</p>
7/23/08	9:00 AM	10:30 AM	12:00 PM	<p>Frontier Culture Museum 1290 Richmond Road Staunton, VA 24401 Dairy Barn Lecture Hall</p> <p>Catherine Pfeilsticker 1-866-226-6682, Option 2 Ext 107</p>
7/24/08	9:00 AM	10:30 AM	12:00 PM	<p>Southeastern Virginia Training Center 2100 Steppingstone Square Chesapeake, VA 23320 Training Center</p> <p>MacKenzie Hayden 1-866-226-6682, Option 2 Ext 110</p>
7/26/08 (Saturday)	9:00 AM	10:30 AM	12:00 PM	<p>Wytheville Meeting Center 333 Community Boulevard Wytheville, VA 24382 Room 3</p> <p>Nancy Roth 1-866-226-6682, Option 2 Ext 115</p>
8/12/08	9:00 AM	10:30 AM	12:00 PM	<p>Department of Mines, Minerals and Energy US Route 23 South 3405 Mountain Empire Road Big Stone Gap, VA 24219 Rooms 218 and 219</p> <p>Nancy Roth 1-866-226-6682, Option 2 Ext 115</p>

Date	Introduction to the 457 Deferred Compensation Plan	Account Management Strategies and Tools	Retirement Planning and Distribution Options	Location/Presenter
8/14/08	9:00 AM	10:30 AM	12:00 PM	John Tyler Community College 13101 Jefferson Davis Highway Chester, VA 23831 Bird Hall Room B-124 Tom Ferguson 1-866-226-6682, Option 2 Ext 102
8/18/08	9:00 AM	10:30 AM	12:00 PM	Jamestown Settlement Route 31 South Jamestown, VA 23187 Education Wing Classrooms A and B Tom Ferguson 1-866-226-6682, Option 2 Ext 102
8/19/08	9:00 AM	10:30 AM	12:00 PM	Eastern Shore Community College 29300 Lankford Highway Melfa, VA 23410 Room B77a MacKenzie Hayden 1-866-226-6682, Option 2 Ext 110
9/3/08	9:00 AM	10:30 AM	12:00 PM	Central Virginia Community College 3506 Wards Road Lynchburg, VA 24502 Merritt Hall Room 5122 Nancy Roth 1-866-226-6682, Option 2 Ext 115
9/24/08	9:00 AM	10:30 AM	12:00 PM	Department of Health 830 Southampton Avenue Norfolk, VA 23513 3 rd Floor Rooms B and C MacKenzie Hayden 1-866-226-6682, Option 2 Ext 110

Date	Introduction to the 457 Deferred Compensation Plan	Account Management Strategies and Tools	Retirement Planning and Distribution Options	Location/Presenter
9/25/08	9:00 AM	10:30 AM	12:00 PM	<p>Department of Human Resource Management 101 North 14th Street Richmond, VA 23219 James Monroe Building Conference Rooms C and D</p> <p>Tom Ferguson 1-866-226-6682, Option 2 Ext 102</p>
10/7/08	9:00 AM	10:30 AM	12:00 PM	<p>Southwest Virginia Community College Route 19 Six miles South of Claypool Hill Richlands, VA 24641 Buchanan Hall Room B-130</p> <p>Nancy Roth 1-866-226-6682, Option 2 Ext 115</p>
10/22/08	9:00 AM	10:30 AM	12:00 PM	<p>Northern Virginia Community College Manassas Campus 6901 Sudley Road Manassas, VA 20109 Colgan Theater</p> <p>Catherine Pfeilsticker 1-866-226-6682, Option 2 Ext 107</p>
10/23/08	9:00 AM	10:30 AM	12:00 PM	<p>John Tyler Community College 1807 Huguenot Road Midlothian, VA 23114 Featherstone Professional Center Room F-111</p> <p>Tom Ferguson 1-866-226-6682, Option 2 Ext 102</p>
10/28/08	9:00 AM	10:30 AM	12:00 PM	<p>Chesapeake Main Library 298 Cedar Road Chesapeake, VA 23322 Room 2</p> <p>MacKenzie Hayden 1-866-226-6682, Option 2 Ext 110</p>

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10/30/08	9:00 AM	10:30 AM	12:00 PM	<p>Virginia Department of Transportation Staunton District 811 Commerce Road Staunton, VA 24401 Auditorium</p> <p>Catherine Pfeilsticker 1-866-226-6682, Option 2 Ext 107</p>

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